

2026 Global Hunger Relief Prayer Guide

Seven Days of Prayer for
Physical and Spiritual Nourishment

**“I AM THE BREAD OF
LIFE,” JESUS TOLD
THEM. “NO ONE WHO
COMES TO ME WILL
EVER BE HUNGRY, AND
NO ONE WHO BELIEVES
IN ME WILL EVER BE
THIRSTY AGAIN.”**

JOHN 6:35





Everywhere, people are hungry.

Across the world, millions of men and women and boys and girls long for nourishment—not only food to sustain their bodies, but the hope and fulfillment that can only be found in Jesus Christ.

This seven-day prayer guide invites you to seek God's provision for those facing both physical and spiritual hunger. As you pray, you'll learn how communities in South Dakota, Brazil, the Philippines, and Sudan are being served through the faithful generosity and prayers of God's people.

Along the way, ask God to soften your heart, deepen your faith, and widen your vision. Together, He invites us to help meet real needs—and to share the Bread of Life who alone satisfies.



Global Hunger Relief (GHR) is an initiative of the Southern Baptist Convention administered by Send Relief and dedicated to providing food and sharing the Bread of Life. All GHR projects have an intentional spiritual strategy, work in and through local churches, and provide sustainable solutions to hunger.

DAY 1

Begin by asking God to stir compassion in your heart for those who need food and hope. Ask Him to open your eyes to the needs around you and to show you how you can serve—both in your community and around the world.

Pray for churches as they prepare to participate in Global Hunger Sunday on August 23. Ask God to move His people to pray faithfully and give generously, trusting Him to multiply every act of obedience.

DAY 2

South Dakota's Pine Ridge Reservation faces one of the highest poverty rates in the United States. Many families experience food insecurity, limited access to resources, and long-standing cycles of poverty.

Pray for families on the Pine Ridge Reservation who struggle to put food on the table. Ask God to meet their daily needs and make His presence known.

Pray for children growing up in poverty. Ask God to protect them, provide for them, and surround them with caring adults who will point them to Jesus.

Lift up the Send Relief South Dakota Ministry Center, Čhaŋkú Wašté, and local churches serving in this community. Ask God to give them wisdom, endurance, and open doors for gospel conversations. Pray that compassionate care would interrupt cycles of poverty and lead to lasting hope in Christ.

DAY 3

Along Brazil's Andirá River, indigenous communities face high rates of child malnutrition. Families need both immediate help and long-term pathways toward health.

Pray for children suffering from malnutrition in Brazil. Ask God to restore their health and strength.

Pray for parents who long to care well for their children but lack the resources or knowledge to do so. Ask God to equip them with what they need to nourish their families.

Lift up Send Relief ministry partners serving in remote river communities. Ask God to protect them and give them boldness and wisdom as they share Christ's love. Pray that as physical needs are met, families will be drawn toward the local church and come to trust Jesus as their Provider. Ask God to raise up sustainable solutions that nourish both body and soul.

DAY 4

Rural communities across Mindanao, Philippines, face poverty, food insecurity, and limited opportunities. Many young people—including former rebels seeking a new path—are searching for training, purpose, and hope.

Pray for emerging leaders in the Philippines who desire to serve their communities. Ask God to equip them and give them a vision for what He can do through their lives.

Pray for rural churches. Ask God to strengthen them and use them as places of hope and transformation.

Lift up those who receive training in agriculture and community development, that they will also encounter the gospel and be changed by it. Ask God to multiply the impact of Send Relief's work for generations to come.

DAY 5

Sudan continues to suffer under civil war, and communities across the country are facing severe hunger. Families—both Christian and Muslim—are desperate for food and relief.

Pray for peace in Sudan. Ask God to bring an end to violence and restore a suffering nation.

Lift up families facing starvation across Sudan. Ask God to meet their urgent physical needs and reveal His presence to them in the midst of crisis.

Pray for churches in Sudan as believers serve their neighbors at great personal risk. Ask God to protect them, sustain them, and give them courage. Pray that acts of compassion would soften hearts and open doors for the gospel, and that many would come to know Christ through the witness of local churches.

DAY 6

Hunger remains a reality around the world. Conflict, poverty, and disaster continue to leave millions without enough to eat.

Pray for every person facing hunger today—in rural villages and crowded cities, in places of war and places of peace. Ask God to provide for their needs through His church.

Lift up missionaries, church leaders, and ministry partners serving on the front lines of hunger relief. Ask God to strengthen them, supply their needs, and give them opportunities to bring lasting help and hope.

Pray that churches everywhere would respond with compassion that reflects the heart of Christ.

DAY 7

As this prayer journey comes to a close, return again to the words of Jesus in John 6:35.

Pray for South Dakota, Brazil, the Philippines, and Sudan. Ask God to bless every gift given and every prayer prayed through Global Hunger Relief.

Pray that as physical hunger is met, spiritual hunger would awaken. Ask God to use each act of compassion as a doorway to the gospel. Pray that those receiving help would come to know Jesus as the true Bread of Life.

Ask God to give ministry partners clarity and courage as they share the gospel, and pray that many would come to saving faith in Christ because the church stepped forward with help, humility, and hope.